



New Year's Resolution

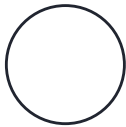
Goal

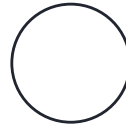
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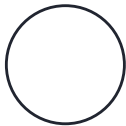
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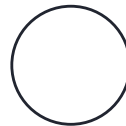
End Date

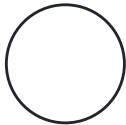
Milestones

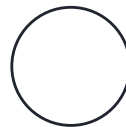












Why it is important for me...

Specific - Measurable - Activating - Reasonable - Time-bound



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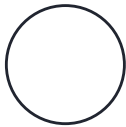
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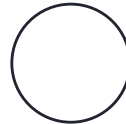
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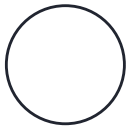
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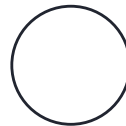
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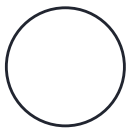
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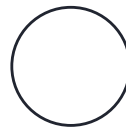












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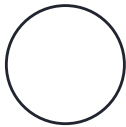
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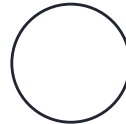
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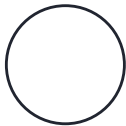
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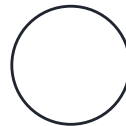
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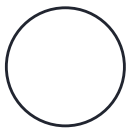
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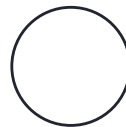












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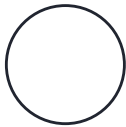
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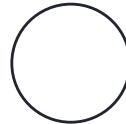
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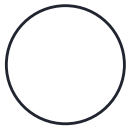
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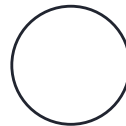
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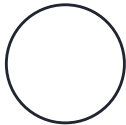
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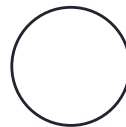












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